

## Love and Logic Solution

# Guiding Children to Solve Their Own Problems

- Love and Logic Step One:**      **Empathy.**  
 “How sad.”  
 “I bet that hurts.”
- Love and Logic Step Two:**      **Send the “Power Message.”**  
 “What do you think you’re going to do?”
- Love and Logic Step Three:**      **Offer choices.**  
 “Would you like to hear what other kids have tried?”  
 At this point, offer a variety of choices that range from bad to good. It’s usually best to start out with the poor choices. Each time a choice is offered, go on to step four, forcing the youngster to state the consequence in his/her own words. This means that you will be going back and forth between Love and Logic steps three and four.
- Love and Logic Step Four:**      **Have the child state the consequences.**  
 “And how will that work?”
- Love and Logic Step Five:**      **Give permission for the child to either solve the problem or not solve the problem.**  
 “Good luck. I hope it works out.”  
 Have no fear. If the child is fortunate enough to make a poor choice, he/she may have a double learning lesson.



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