



FOR IMMEDIATE RELEASE
MEDIA ADVISORY – Thursday, October 25, 2018
Fargo Public School District #1

COMPASSION RETREAT FOR DAVIES HIGH FRESHMEN

Sometimes, learning practices of compassion are best through example. These freshmen will spend the day immersed in compassion, character principles, and improving school culture.

- WHAT:** Davies High School Freshmen Retreat
WHEN: Friday, October 26 – one session in the morning and one in the afternoon. Students will be split into 2 groups and attend one of the sessions.
WHERE: Gymnasium, Davies High School, 7150 South 25th Street, Fargo
CONTACT: **Lenny Ohlhauser**, Davies Activities Coordinator, 701.446.5608 or ohlhaul@fargo.k12.nd.us for more information.

On Friday, October 26, the entire freshmen class from Davies High School, along with sophomores and juniors from the Davies' Student Council and SHAPE (Students Honoring Activities Pursuit of Excellence) who will be acting as group leaders, will participate in a "compassion" retreat lead by individuals from Character Challenge Course Company, based out of Park Rapids. The goal of the retreat is to build a positive school community in which students respect themselves and others. The retreat will take place at Davies High School. Half of the ninth grade class will attend a morning session and the other half will attend the afternoon session.

The retreat will focus on overall character principles, student growth, achievement, and improving the school's culture. It is based on time tested Experiential Learning techniques grounded in hands-on challenges and collaboration followed by discussion on relevance to real world situations. CASEL (the collaborative for academic, social, and emotional learning) has become a movement across the country for its focus on the enduring principles of growth and sustainable success. These competencies include: Self-Awareness, Self-Management, Social Awareness, Relationship Skills, and Responsible Decision Making.

The Character Challenge Course Company's (C4's) mission is to illuminate. C4's team includes former members of the corporate world, previous collegiate athletes and high school and junior high coaches, and several teachers who have a strong understanding of human development and personal growth. The goal of C4 is a change in character and commitment to personal and team goals. The certified facilitators allow participants to stare fate in the face and conquer fears.

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