

Counseling Services

COVID Student Support Program

The COVID Student Support Program offers free counseling services to any Fargo Public Schools students between February 8 and May 14 or while funds last. Services will be provided through Together Counseling.

Each session occurs between a student and a licensed mental health therapist who is often from a different community. The 30-minute sessions are individually customized and may include strategies on stress management, relaxation, and coping.

Each session is free, confidential, and virtual. Insurance will not be billed. Sessions may occur one time each week per student, are based on therapists' schedules, and must occur outside the student's school day. A diagnostic assessment is not included in the program's offering.

The student referral must indicate the session is part of the FPS COVID Student Support Program. Together Counseling will notify each school of its students participating in the program to ensure school counselors can follow up as needed.

TO SCHEDULE A SESSION, CONTACT:

Together Counseling at 701.404.0997

