

6th Grade Wrestling Opportunity!

WHAT - We will be having a short 4 week wrestling season for 6th grade students in the Fargo Public School district. The season will focus on skill development and an introduction into the sport of wrestling.

WHO - This opportunity will be open to any 6th grade student in the Fargo Public School district.

WHERE - Ben Franklin Middle School Wrestling Room

WHEN - We will have 4 sessions throughout the month of March. See the dates and times below

March 3rd 4:00 - 5:30 in the Ben Franklin Wrestling Room
March 10th 4:00 - 5:30 in the Ben Franklin Wrestling Room
March 24th 4:00 - 5:30 in the Ben Franklin Wrestling Room
March 31st 4:00 - 5:30 in the Ben Franklin Wrestling Room

SPECIFICS-

- Participants will need to bring a mask to wear. We will avoid intensive cardiovascular activity so participants will be expected to wear masks at all times
- Participants should bring their own water bottle as the water fountains are currently disabled. We will have water bottle filling stations
- Participants should come to Ben Franklin ready to participate. We will not have locker rooms open to change into practice attire.
- This is a 6th grade only activity. We do not require any sort of fee or physical to participate. Just show up ready to go!
- Please be prepared to pick up your participant at 5:30 every week.
- If interested please fill out the form below
 - [6th Grade Wrestling Signup](#)

We are excited to provide this opportunity for our 6th graders. While this will run in the same window as our 6th grade basketball season, the activities should not interfere with one another. Participants are absolutely welcome to do both. If there are specific questions or concerns please reach out to Cory Holten at Ben Franklin Middle School at holtenc1@fargo.k12.nd.us. Thank you for your continued support during this trying year.

Cory Holten - Ben Franklin Middle School
Dean Wilson - Carl Ben Eielson Middle School
Dan Shultis - Discovery Middle School

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